

Week	Date	Topic Title	Presentation	Presentor	Worksheet	Discussion Topic
orientation	10/3/20	Who Are We	Program Intro	BC Clark & Nicole Louis	Oreintation Packet	
Session 1 - Defining Me (Personal Development)						
1	10/10/20	Our Secrets	No More Secrets	Nicole Louis	Honesty of Me	Sharing Secrets
2	10/17/20	Loving & Accepting Me	How I Love	Nicole Louis	Unconditional Love	The uniqueness of me
3	10/24/20	Letter To Me	Encouraging Myself	Nicole Louis	Letter to Me	What makes me Smile
4	10/31/20	Self Care	My Cup overFlow	Nicole Louis	Self Care 101	Pampering Me
5	11/7/20	Beyond Words	Power of Words	Nicole Louis	Beyond the Words	Kind Words to share
6	11/14/20	Handling it All	Stressed out? Not me!	Nicole Louis	Handling it All	How to deal
7	11/21/20	Celebrating Me	Celebrating Me	Nicole Louis	This I'm proud of	A Party for me
8	12/5/20	My Passion	Things that make me smile	Nicole Louis	The joys of my life	What I do when no one is looking
Week	Date	Topic Title	Presentation	Presentor	Worksheet	Discussion Topic
Second Session - Leadership In Me						
9	12/12/20	Strengths & Weakness	Strengths Earned and Learned		My Strength is	I'm good at
10	12/19/20	Vision/Objectives	Take me to the Future		The Road Map	Mission Possible
11	1/9/21	Time Management	Procrastination Killed		Time on My Side	How I spend my free time
12	1/23/21	Service to Others	Service to Others		Follow to Lead	Help wanted
13	2/6/21	Leadership Style	Leadership in Me		Defining Leadership	What is Leadership
14	2/20/21	Financing My Future	Keys to Financial Success		Budget & Paying Me	Sacrifice or Splurge
15	3/6/21	Business In a Flash	Business 101		Create Your Business	My Dream Business
16	3/20/21	Social Media	Professional in Digital Lens		The Social Me	Lessons in Media